

Bones for Life Certified Teacher Program

COURSE OUTLINE

Qualification: Bones for Life Certified Teacher.

Nominal Hours: 160+ hours

What you must do to complete the course: active participation in all 3 modules as outlined below. At least 1 of the modules BFL-1 or BFL-2 must be completed under a Bones for Life Certified Trainer.

Graduates are eligible to teach the Bones for Life Basic Program as a Certified Bones for Life Teacher.

Modules	Units	Components	Hours	Assessment
BFL-1 Basic Certificate Program	BFL-101 Bones for Life One	Active Bones lessons* (#1 to #30)	20	Active participation only, no assessment
	BFL-102 Bones for Life Two	Active Bones lessons* (#31 to #60)	20	
	BFL-102 Bones for Life Three	Active Bones lessons* (#61 to #90)	20	
BFL-2 Advanced Certificate Program	BFL-201 Bones for Life One	Active Bones lessons* (#1 to #30)	20	Active participation only, no assessment
	BFL-202 Bones for Life Two	Active Bones lessons* (#31 to #60)	20	
	BFL-203 Bones for Life Three	Active Bones lessons* (#61 to #90)	20	
BFL-3 Teacher Training Program	BFL-301 Mentoring	Study group, and individual mentoring (face-to-face /correspondence.	35	Journal format
	BFL-302 Practice Teaching	Conduct individual or group classes	35	Journal format
	BFL-303 Didactic Seminar	Lectures and exercises over 5 days	30+	Practicum

* A list of the 90 individual Active Bones lessons is available from the website.